



2016 LORNA WHITTEELSEY WOMEN'S REGATTA

September 10-11, 2016

Indian Harbor Yacht Club

SAILING INSTRUCTIONS

1. RULES

- 1.1 The regatta will be governed by the rules as defined in *The Racing Rules of Sailing (RRS)*.
- 1.2 Racing rule 40 and the Preamble to Part 4 is changed as follows: Except for brief periods while changing or adjusting clothing or equipment, all competitors shall wear, while on or near the water, a US Coast Guard approved PFD.
- 1.3 Rule 35, A2, A4 and A5 are changed (see instructions 14 and 16).
- 1.4 Appendix T sections A, B and D will apply.
- 1.5 As permitted by RRS 87, the Ideal 18 Class Rules are changed as follows:
 - 1.5.1 The wetted hull surface shall have anti-fouling bottom paint
 - 1.5.2 Class rule 13.4 is changed to say boats shall be raced with two women.
 - 1.5.3 Membership in the Ideal 18 Class Association is not required.
- 1.6 The equipment required to be aboard each boat while racing is listed in Class Rule 10 which says "one gallon bucket, bilge pump, paddle, USCG Approved wearable lifejacket for each person aboard, a USCG approved throwable flotation device with whistle attached, three pound anchor, and 50 ft. of minimum 1/4" line anchor line which shall not be used as a sail control line and includes a separate throwable PFD with whistle, anchor & anchor line, bucket, pump, and paddle.
- 1.7 Competitors will attest that their boat is compliant with both the equipment and bottom paint requirements. Boats are subject to inspection by the organizing authority or the judges at any time during the regatta.
- 1.8 If a conflict exists between the Notice of Race and the Sailing Instructions, the Sailing Instructions govern.

2. NOTICES TO COMPETITORS

Notices to competitors will be posted on the official notice board located inside the front lobby of the Indian Harbor Yacht Club main clubhouse.

3. CHANGES TO THE SAILING INSTRUCTIONS

Any change to the sailing instructions will be posted at least 15 minutes before the scheduled harbor start on the day it will take effect, except that any change to the schedule of races will be posted by 2000 on the day before it will take effect.

4. SIGNALS MADE ASHORE

- 4.1 Signals made ashore will be displayed at the main flagpole to the south of the clubhouse.
- 4.2 When flag AP is displayed ashore, '1 minute' is replaced with 'not less than 30 minutes' in the race signal AP.

5. SCHEDULE OF RACES

- 5.1 The scheduled time of the warning signal for Saturday racing is 1055; for Sunday it is 0955.
- 5.2 Up to six races may be sailed each day
- 5.3 To alert boats that a race will begin soon, multiple sound signals will be made approximately one minute before a warning signal is made.
- 5.4 On Sunday, no warning signal will be made after 1530.

6. CLASS FLAG

The class flag will be the Numeral 1 pennant.

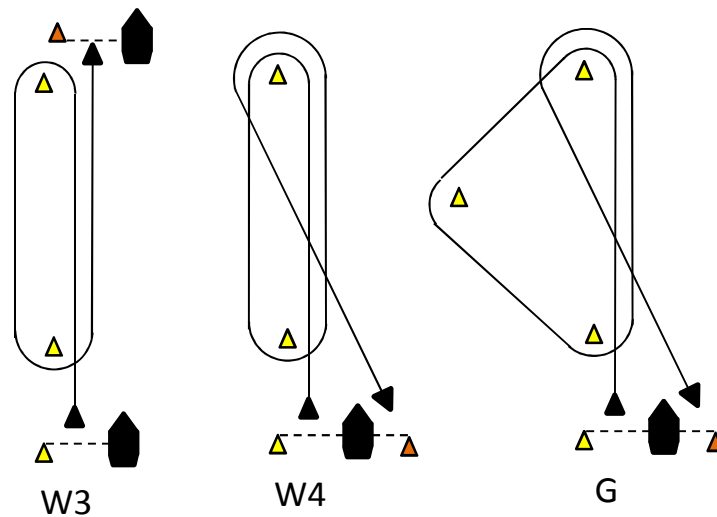
7. RACING AREA

The racing areas will be inside Captain Harbor or on Long Island Sound south of Little Captain Island.

8. THE COURSES

- 8.1 Courses will be either windward-leeward or gold cup.
- 8.2 For windward-leeward courses, the course will be posted Wx where x is the number of legs (2 for windward-leeward; 3 for windward-leeward-windward; 4 for windward-leeward, twice-around, etc.).
- 8.3 For the gold cup course "G" will be posted.

Course Examples



9. MARKS

- 9.1 Marks will be yellow tetrahedrons except that the finish mark will be an orange tetrahedron.
- 9.2 New marks as provided in instruction 11.1 will be orange tetrahedrons.

10. THE START

- 10.1 Races will be started by using rule 26 with the warning signal made 5 minutes before the starting signal.
- 10.2 The starting line will be between a staff displaying an orange flag on the starting mark at the starboard end and the course side of the port-end starting mark.
- 10.3 A boat starting later than five minutes after her starting signal will be scored Did Not Start without a hearing. This changes rule A4.

11. CHANGE OF THE NEXT LEG OF THE COURSE

To change the next leg of the course, the race committee will lay a new mark (or move the finishing line) and remove the original mark (or marks) as soon as practicable. When in a subsequent change a new mark is replaced, it will be replaced by an original mark.

12. THE FINISH

- 12.1 For races with an even number of legs, the finish will be on the opposite side of the signal boat from the start between a staff displaying a red flag at the starboard end of the line and the course side of the port-end finishing mark
- 12.2 For races with an odd number of legs, the finish will be approximately 50 yards to weather of the windward mark between a staff displaying a red flag at the starboard end of the line and the course side of the port-end finishing mark
- 12.3 Code flag "A" flown at the finish means no more racing that day.

13. PENALTY SYSTEM

- 13.1 The first two sentences of rule 44.1 are changed to: 'A boat may take a One-Turn Penalty when she may have broken a rule of Part 2 or rule 31 while racing. However, when she may have broken a rule of Part 2 while in the zone around a mark other than a starting mark, her penalty shall be a Two-Turns Penalty.'
- 13.2 Appendix T Section B Post-Race Penalties will apply whereby a boat may take a scoring penalty after a race in accordance with Section B if she may have broken a rule of Part 2 or 31 while racing.
- 13.3 Appendix T section D Arbitration will apply.

14. TIME LIMITS

- 14.1 The time limit for the first boat to finish will be 60 minutes.
- 14.2 If no boat has passed Mark 1 within 20 minutes, the race will be abandoned. This changes rule 62.1(a).
- 14.3 A boat not finishing within fifteen minutes after the first boat sails the course and finishes within the time limit will be scored DNF without a hearing. This modifies RRS 35, A4 and A5.

15. PROTESTS AND REQUESTS FOR REDRESS

- 15.1 At its' first opportunity after finishing from a race, a boat shall notify the Race Committee of its intent to protest another boat, and provide the sail number of the boat to be protested. This adds to RRS 61.
- 15.2 Protest forms are available at the Club's front desk located inside the lobby. Protests and requests for redress or reopening shall be delivered there within the appropriate time limit.
- 15.3 The protest time limit is 60 minutes after the last boat has finished the last race of the day or the race committee signals no more racing today, whichever is later.
- 15.4 Notices will be posted as soon as possible before or after the protest time limit to inform competitors of arbitrations or hearings in which they are parties or named as witnesses. Notices of protests by the Race Committee will also be posted within the time limit to inform boats of protests under RRS 61.1(b).
- 15.5 The time limit for requests for reopening or redress, based on a hearing or the scoring, is 30 minutes after a hearing decision or scoring results have been posted. This modifies RRS 62.2 & 66.
- 15.6 Breaches of SI's 1.5, 1.6, 18, 19, and 21 will not be grounds for protest by a boat. This amends RRS 60.1(a). Penalties for breaches of these instructions may be less than disqualification. The scoring abbreviation for discretionary penalties imposed under this instruction will be DPI. Discretionary penalties are not discardable.

16. SCORING

- 16.1 The Low Point Scoring System of RRS Appendix A will be used.
- 16.2 One completed race is required to constitute a series
- 16.3 When fewer than six races have been completed, a boat's series score will be the total of her race scores.
- 16.4 Boats scored DNF will receive points equal to the number of boats that sailed the course and finished within the time limit plus two points. This changes Rules A4.1, A4.2, and A5.

17. TRASH DISPOSAL

Trash may be placed aboard support or official boats.

18. HAUL-OUT RESTRICTIONS

Boats shall not be hauled out during the regatta except with and according to the terms of prior written permission of the race committee.

19. RADIO COMMUNICATION

- 19.1 Except in an emergency or to report a protest or withdrawal, a boat shall neither make radio transmissions while racing nor receive radio communications not available to all boats. This restriction also applies to mobile telephones.
- 19.2 The race committee may make courtesy announcements regarding timing of the next race, the course, boats OCS, and changes to the course, etc. Failure to hear such broadcasts shall not be grounds for redress. This changes Rule 62.1.
- 19.3 Regatta-related VHF communications will be on #05A.

20. PRIZES

Prizes will be awarded to 1st through 3rd place for both crews. The winners' names will be inscribed on The Lorna Whittelsey Trophy which will remain at IHYC.

21. INSURANCE

Each participating boat shall be insured with valid third-party liability insurance. The Organizing Authority may request proof of insurance.

22. SAFETY AND DISCLAIMER

Competitors participate in this regatta entirely on their own responsibility. See RRS 4, Decision to Race. The race organizers, including the Organizing Authority the Indian Harbor Yacht Club, its officers, trustees, committee members, and employees, and the Race Committee, Protest Committee, race course assistants, and volunteers will not accept any liability for material damage or personal injury or death sustained in conjunction with or prior to, during, or after the regatta.